3 ESSENTIALS
For Healthy Discipling Relationships

RELATIONSHIP
1. HOW ARE YOU DOING?
   relationally
   at work
   health
   emotionally/spiritually
2. HOW IS ______ GOING?
   work/family/friends
3. WHERE IS YOUR HEART AT?
   what's going on with your thought-life

SCRIPTURE
1. HOW ARE YOUR QUIET TIMES?
   what are you learning?
   do you know how to have a quiet time?
   do you know about inductive Bible study?
2. SUGGEST RELEVANT, ENCOURAGING, EQUIPPING VERSES TO DISCUSS
   (based on what they just shared)
3. READ/STUDY A PASSAGE OF SCRIPTURE AHEAD OF TIME OR COME WITH VERSES TO READ TOGETHER

PRAYER
1. CAN I PRAY WITH YOU WHILE WE'RE TOGETHER?
   pray about what they've shared
   pray about what you've observed
2. WOULD YOU LIKE TO PRAY?
   never force this
3. PRAY THROUGH A PSALM TOGETHER
   Ps. 16, 23, 27, 139
4. READ/DISCUSS BIBLICAL PRAYERS AND USE THEM AS A GUIDE FOR DEEPER GROWTH